

Rule Book A - Section 2. - DRESS CODE

- 2.1 (a) The dress code for competitors shall be traditional rock'n'roll clothing. This dress code does not apply to Sections 6 and 9 (Novelty and Cheerleaders)
- (b) The National dress code will apply to Sections 13 & 16 (Same Sex) i.e. females will dress in lady's attire, males in men's attire.

- 2.2 When standing naturally, the lady's dress and petticoat must cover the knee completely, that is the crease at the back of the knee as well, inclusive of petticoats, which by definition shall be tiered, layered or frilled to enhance the fullness of the dress and must be worn whilst competing in the National Championships.

The exception is Sections 10 & 11 (Restricted) where ladies have the option of wearing calf length straight skirts.

- 2.3 Competitors must also wear their competition clothing when being presented with a placement / medal / trophy in all categories.

- 2.4 (a) The dress code shall be monitored in a marshalling area by the Floor Manager(s) and the Head Judge prior to the Best Dressed competition.

- (b) Competitors must be dressed as they intend to appear on the floor for the dance competition, apart from jackets, boleros, shawls, capes, ties, neck scarves, collar tips and jewellery which are optional and may be removed before dancing. Any other items deliberately removed between marshalling and competing, or while competing, may result in disqualification.

- (c) Where there is one article of clothing perceived to be two, then it will be as if it were the non removable item e.g. a waistcoat attached to a jacket could not be removed.

- 2.5 (a) The following items are not to be worn:

Denim jeans	Harem pants
Tee-shirts	Flared trousers
Pedal pushers	Men's shorts
Bike pants	High-heeled footwear
Track pants	Wrist bands
Multi-coloured running shoes	
Mini length skirts or dresses	
High-cut bikini pants or knickers or wide legged boxer shorts	
Aerobic tights or skirts or aerobic-style clothing	

- (b) Shoes with heels should have heels no higher than 20mm measured at the instep and for female's shoes, the heel to be no higher than 25mm measured at the back of the shoe. The heel prints must have a minimum measurement of 40mm x 40mm. This restriction also applies to the Sunday Best Dressed Female parade.

- (c) A medical certificate is required for any dancer needing a wrist bandage and for medication or any other substance (excluding inhalers) required by competitors between the two songs.

- 2.6 Failure to comply with the National dress code before the commencement of the first heat in the section being competed in will result in disqualification.

- 2.7 Failure to comply with Rule 2.5 (b) before the first Call Back in the Sunday Best Dressed parades will result in disqualification."