

SECTION 2 - DRESS CODE

- 2.1 (a) The dress code for competitors shall be traditional rock'n'roll clothing. This dress code does not apply to Sections 6 and 9 (Novelty and Cheerleaders).
- (b) Females will dress in ladies' attire, males in men's attire.
- 2.2 When standing naturally, the lady's dress and petticoat must cover the knee completely, that is the crease at the back of the knee as well, inclusive of petticoats, which by definition shall be tiered, layered or frilled to enhance the fullness of the dress and must be worn whilst competing in the National Championships.
- The exception is Sections 10, 11 & 17 (Restricted) where ladies have the option of wearing calf length straight skirts.
- 2.3 Competitors must also wear their competition clothing when being presented with a placement/ medal/trophy in all categories.
- 2.4 (a) The dress code shall be monitored in a marshalling area by the Floor Manager(s) and the Association Head Judge prior to the Best Dressed competition.
- (b) Competitors must be dressed as they intend to appear on the floor for the dance competition, apart from jackets, boleros, shawls, capes, ties, neck scarves, collar tips and jewellery which are optional and may be removed before dancing. Any other items deliberately removed or replaced between marshalling and competing, or while competing, will, on that replacement or removal being identified, result in disqualification unless it had been previously advised by the competitor's Team Manager to, and agreed with the Floor Manager(s).
- (c) Where there is one article of clothing perceived to be two, then it will be as if it were the non-removable item e.g. a waistcoat attached to a jacket could not be removed.
- 2.5 (a) The following items are not to be worn:
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| Denim jeans | Mini length skirts or dresses |
| Tee-shirts | Multi-coloured running shoes |
| Flared trousers | Aerobic tights or skirts or aerobic-style clothing |
| Pedal pushers | Harem pants |
| Bike pants | Men's shorts |
| High-heeled footwear | |
| Track pants | |
| Wrist bands | |
| High-cut bikini pants or knickers or wide legged boxer shorts | |
- (b) Shoes with heels should have heels no higher than 20mm measured at the instep and for female's shoes, the heel to be no higher than 25mm measured at the back of the shoe. The heel prints must have a minimum measurement of 40mm x 40mm. This restriction also applies to the Best Dressed Female parade and Best Dressed Junior Female (5-12 years) parade.
- (c) A medical certificate is required for any dancer needing a wrist bandage and for medication or any other substance (excluding inhalers) required by competitors between the two songs."
- 2.6 Failure to comply with the National dress code before the commencement of the first heat in the section being competed in will result in disqualification.

- 2.7 Failure to comply with Rule 2.5 (b) before the first Call Back in the Best Dressed Female, Best Dressed Junior Female (5-12 years), Best Dressed Junior Male (5-12 years) and Best Dressed Male parades will result in disqualification.

SECTION 3 - ASSESSMENTS

Section 3 - Assessments removed as per the 2022 AGM. Previous content now included in Book B for reference.