

RULE BOOK A – SECTION 2. DRESS CODE

- 2.1 (a) The dress code for competitors shall be traditional rock'n'roll clothing. This dress code does not apply to Sections 6 and 9 (Novelty and Cheerleaders)
- (b) The National dress code will apply to Section 13 (Same Sex) i.e. females will dress in lady's attire, males in men's attire.
- 2.2 When standing naturally, the lady's dress and petticoat must cover the knee completely, that is the crease at the back of the knee as well, inclusive of petticoats, which by definition shall be tiered, layered or frilled to enhance the fullness of the dress and must be worn whilst competing in the National Championships.
The exception is Sections 10 & 11 (Restricted) where ladies have the option of wearing calf length straight skirts.
- 2.3 Competitors must also wear their competition clothing when being presented with a placement / medal / trophy in all categories.
- 2.4 (a) The dress code shall be monitored in a marshalling area by the Floor Manager(s) and the Head Judge prior to the Best Dressed competition.
- (b) Competitors must be dressed as they intend to appear on the floor for the dance competition, apart from jackets, boleros, shawls, capes, ties and neck scarves, which are optional and may be removed before dancing.
- (c) Where there is one article of clothing perceived to be two, then it will be as if it were the non removable item e.g. a waistcoat attached to a jacket could not be removed.
- 2.5 (a) The following items are not to be worn:
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| Denim jeans | Harem pants |
| Tee-shirts Flared trousers | |
| Pedal pushers | Men's shorts |
| Bike pants High-heeled footwear | |
| Track pants | Wrist bands |
| Multi-coloured running shoes | |
| Mini length skirts or dresses | |
| High-cut bikini pants or knickers or wide legged boxer shorts | |
| Aerobic tights or skirts or aerobic-style clothing | |
- (b) Shoes with heels should have heels no higher than 20mm measured at the instep. The heel prints must have a minimum measurement of 40mm x 40mm. This restriction does not apply to the Sunday Best Dressed Female parade.
- (c) A medical certificate is required for any dancer needing a wrist bandage.
- 2.6 Failure to comply with the National dress code before the commencement of the first heat in the section being competed in will result in disqualification.